

## Simple Medical Test for Senior Men

**My urologist called today and explained that my scheduled appointment would now be done over the phone.**

**One hour before the scheduled teleconference, I was instructed (via email) to administer my own urine test.**

**This was to avoid those costly lab tests and unnecessary delays getting a result.**

**I was instructed go outside and pee in the front yard. Then complete my own diagnosis.**

**If ant's gather: DIABETES.**

**If you pee on your feet: PROSTATE**

**If it smells like a barbecue: CHOLESTEROL**

**If your wrist hurts when you shake it: OSTEOARTHRITIS**

**If you return to your house with your penis outside your pants:  
ALZHEIMER'S**